

HEARING LOSS

Noise Level Recognition Student's Worksheet

Name: _____

List five noisy things you have heard for at least one hour at a time within the last week.

- 1.
- 2.
- 3.
- 4.
- 5

Rank these five things from the quietest to the loudest.

Quietest

- 1.
- 2.
- 3.
- 4
- 5.

Loudest

Compare your list to the chart provided. Rank your list using the sound levels thermometer.

Quietest

- 1.
- 2.
- 3.
- 4.
- 5.

Loudest

From the things on your list, when should you have protected your hearing?

How can you protect your hearing for each activity?